

Pasta with Scallops, Zucchini, and Tomatoes allrecipes com



Rated: 🛊 🛊 🛊

Submitted By: Lisa Stinger Photo By: tastingchic

Prep Time: 15 Minutes Cook Time: 15 Minutes Ready In: 30 Minutes

Servings: 4

"Bay scallops, chopped tomatoes and fresh basil are added to a saute of garlic and zucchini, then poured over fettuccini for an elegant seafood dish. Serve as an entree or appetizer."

Pasta with Scallops, Zucchini, and Tomatoes (continued)

2 of 3

INGREDIENTS:

1 pound dry fettuccine pasta

1/4 cup olive oil

3 cloves garlic, minced

2 zucchinis, diced

1/2 teaspoon salt

1/2 teaspoon crushed red pepper flakes

1 cup chopped fresh basil

4 roma (plum) tomatoes, chopped

1 pound bay scallops

2 tablespoons grated Parmesan cheese

DIRECTIONS:

- 1. In a large pot with boiling salted water cook pasta until al dente. Drain.
- 2. Meanwhile, in a large skillet heat oil, add garlic and cook until tender. Add the zucchini, salt, red pepper flakes, dried basil (if using) and saute for 10 minutes. Add chopped tomatoes, bay scallops, and fresh basil (if using) and simmer for 5 minutes, or until

Pasta with Scallops, Zucchini, and Tomatoes (continued)

3 of 3

DIRECTIONS: (continued)

scallops are opaque.

3. Pour sauce over cooked pasta and serve with grated Parmesan cheese.

ALL RIGHTS RESERVED © 2010 Allrecipes.com

Printed from Allrecipes.com 8/30/2010